

## Learning English through Health & Fitness

To broaden students' exposure to English and boost their confidence using it, a new course, Learning English through Health & Fitness, is offered to Secondary 4 students. This course provides students with a holistic learning experience by combining fundamental theories and hands-on practices. Addition to regular classroom teaching, professionals of various related disciplines are invited to conduct sessions while projects and presentations are means of assessments at the end of each module.



